

---

# JAMES ADAMS

*International Event Rider & Sport Horse Producer*

Woodbine House, Whinney Hill, Stockton-on-Tees, TS2 1BL

Tel: 07947 764474

---

## TYPICAL DAY FROM DIARY

8AM FEED HORSES

8.30 - 12.00 STAFF START MUCKING OUT ,CLEANING STABLES AND YARD. FILL HAY NETS ,CHANGE WATER

LUNCH BREAK 12AM-12.45

8.30 -12.00 JAMES RIDES ,SCHOOLS JUMPS HORSES

1PM - 5.00 STAFF CARRY OUT GENERAL YARD DUTIES , eg. CLEANING TACK, CLIPPING HORSE, BATHING HORSES, TURNING HORSES OUT IN FIELD, BRINGING IN HORSES, POO PICKING PADDOCKS,

JAMES HELPS GENERAL DUTIES ALONG WITH TEACHING LESSONS AND DEALING WITH CLIENTS. DURING BREEDING SEASON MARES WILL BE SERVED AS NECESSARY.

4PM HORSES ARE SKIPPED OUT ,WATERS FILLED HAY NETS CHANGED AND YARD SWEPT READY FOR NEXT DAY.